



Dr. Jignesh Patel M.D., Board Certified Gastroenterologist

727-372-4500

Instructions for Flexsigmoidoscopy

Procedure Date _____

Follow up appointment _____

The surgery center will contact you with the time of your procedure the day before your procedure date

Baycare Surgery Center

New Port Richey Surgery Center

2020 Trinity Oaks Blvd

9332 Sr. 54 Ste. 100

Trinity, FL 34655

Trinity, FL 34655

727-372-4055

727-848-0446

5 days prior to the procedure

DO NOT take iron pills or medications that may cause bleeding. These medications include: Plavix, Coumadin, and Aspirin. You **MUST** stop any anti-inflammatory type drugs including: Aspirin, Ibuprofen, Motrin, Advil, Naprosyn, Naproxen, and Diclofenac.

- **TYLENOL** is safe to use prior to this procedure.

One day before the procedure Take **ONLY** clear liquids all day. **Avoid ALL dairy** products and juices with pulp

Soups: Clear broth

Sports drinks: Gatorade, Powerade (no dark colors)

Desserts: Popsicles, Jello

Juice: White cranberry, white grape, apple, lemonade

Beverages: Tea, coffee (no cream/milk or sugar)

- **6pm take 2 bottles of Magnesium Citrate**
- **The morning of the procedure do 1 Fleet Enema**

If you take medication, you can take it with a sip of water in the morning before your procedure.

You must have someone drive you to and from the procedure as you are **not allowed to drive**.

Please contact the office with any questions or concerns you may have. If you need to cancel please give a 48 hour notice or there will be a \$100 charge. Thank you.